

**SESSION 14 – JANUARY 16, 2008**  
**The 10 Commandments continued**  
Exodus 20

Today we are continuing to memorize the 10 Commandments by adding hand motions that will help you to remember. After the lesson, see how many commandments you can remember. Write them on the back side of this page.

What is **Commandment #1**?      **You shall have no other** \_\_\_\_\_.

What does it mean?                      We are to fear, love, and trust God above anything else.

What is **Commandment #2**?      **You shall not take the** \_\_\_\_\_ **of**  
**the Lord your God in** \_\_\_\_\_.

What does it mean?                      We are to fear and love God so that we do not use his name to curse, swear, lie, or deceive, but call on him in prayer, praise, and thanksgiving.

What is **Commandment #3**?      **Remember the** \_\_\_\_\_ **day to keep it** \_\_\_\_\_.

What does it mean?                      We are to fear and love God so that we do not neglect his Word and the preaching of it, but regard it as holy and gladly hear and learn it.

What is **Commandment #4**?      **Honor your** \_\_\_\_\_ **and your** \_\_\_\_\_.

What does it mean?                      We are to fear and love God so that we do not despise or anger our parents and others in authority, but respect, obey, love, and serve them.

What is **Commandment #5**?      **You shall not** \_\_\_\_\_.

What does it mean?                      We are to fear and love God so that we do not hurt our neighbor in any way, but help him in all his physical needs.

What is **Commandment #6**?      **You shall not** \_\_\_\_\_ \_\_\_\_\_.

What does it mean?                      We are to fear and love God so that in matters of sex our words and conduct are pure and honorable, and husband and wife love and respect each other.

|                                  |  |
|----------------------------------|--|
| What is <b>Commandment #7</b> ?  | <b>You shall not</b> _____.  |
| What does it mean?               | We are to fear and love God so that we do not take our neighbor's money or property, but help him to improve and protect his property and means of making a living.      |
| What is <b>Commandment #8</b> ?  | <b>You shall not bear</b> _____<br><b>against your</b> _____.  |
| What does it mean?               | We are to fear and love God so that we do not betray, slander, or lie about our neighbor, but defend him, speak well of him, and explain his actions in the kindest way. |
| What is <b>Commandment #9</b> ?  | <b>You shall not</b> _____ <b>your neighbor's</b> _____.   |
| What does it mean?               | We are to fear and love God so that we do not desire to get our neighbor's possessions.  |
| What is <b>Commandment #10</b> ? | <b>You shall not</b> _____ <b>your neighbor's</b> _____ <b>or</b><br>_____ <b>that is your</b> _____.  |
| What does it mean?               | We are to fear and love God so that we do not tempt or coax away from our neighbor his wife or workers, but encourage them to remain loyal.                              |

#### **How can we remember the commandments?**

- 1 – pointer finger – point up to God
- 2 – 2<sup>nd</sup> and 3<sup>rd</sup> finger – touch lips
- 3 – 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> finger – cup behind your ears and then lift arms up to God in praise
- 4 – 2<sup>nd</sup> – 5<sup>th</sup> fingers – salute from your forehead
- 5 – all 5 fingers of hand – make a fist and stab downwards
- 6 – one hand plus thumb – put hand over heart and point to ring finger with thumb
- 7 – one hand plus thumb and 2<sup>nd</sup> finger – rub thumb and 2<sup>nd</sup> finger together for a money sign and use hand to form a gun
- 8 – one hand plus thumb and 2 fingers – make talking hands with 2 fingers and thumb and other hand and thumb
- 9 – one hand plus all fingers of other hand – reach out both arms above head and make a roof above your head
- 10 – both hands – bring arms down and cross over heart (for wife) and then swing both arms out into a full circle

Our next class is January 23. Have you memorized all 10 Commandments?  
If so, we'll go on to read chapters 21 – 23.

We only have 2 more class sessions before Lent, which begins Feb. 6.  
During Lent we do not have class so you can worship with your family. We  
continue class after Easter – March 26 through May 7.

## The 10 Commandments

**Commandment #1:**

**Commandment #2:**

**Commandment #3:**

**Commandment #4:**

**Commandment #5:**

**Commandment #6:**

**Commandment #7:**

**Commandment #8:**

**Commandment #9:**

**Commandment #10:**